

4 If you have changed jobs (continued)

Ask your old employer to fill in form SSP1(L) Leaver's statement of SSP. Give form SSP1(L) to your new employer, it will help them to make sure that you get the right amount of SSP, and that you transfer to Incapacity Benefit at the right time.

5 Other help while you are sick

You can get more information about other help while you are sick in leaflet SD1 Sick and disabled?

If you do not have much money coming in while you are sick, you may be able to get Income Support. Income Support is a Social Security benefit for people who do not have enough money to live on. You can find out more about Income Support from your nearest Social Security office, now part of the Department for Work and Pensions.

You can get leaflet SD1 from:

- ✎ any Department for Work and Pensions
- ✎ most advice centres like the Citizens Advice Bureau, or
- ✎ any Post Office, (except in Northern Ireland).

If you want to know more about benefit entitlement while you are sick, ring the Benefit Enquiry Line for people with disabilities.

The phone call is free. The number is 0800 882 200, or in Northern Ireland 0800 220 674.

If you have any problems with hearing or speaking and use a textphone, ring 0800 243 355 or in Northern Ireland 0800 243 787. The phone call is free.

If you do not have your own textphone system, they are available from the Citizens Advice Bureau and main libraries.

Disabled Persons Tax Credit (DPTC) helps people with an illness or disability to return to, or take up work by topping up earnings. It is a tax credit for people on low to middle incomes, who are working 16 hours or more a week and who have an illness or disability which puts them at a disadvantage in getting a job.

There is a route to DPTC called DPTC Fast-Track, which has been specifically designed to help people who become long-term sick or disabled while they are in work.

For more information about the qualifying conditions for DPTC Fast-Track, ring the Disabled Persons Tax Credit Helpline on 0845 605 5858 or textphone 0845 608 8844. In Northern Ireland, the Helpline number is 0845 609 7000 or textphone 0845 607 6078.

If you want to know more about SSP, contact your nearest Inland Revenue office. You can find the telephone number in The Phone Book under Inland Revenue.

